

2
0
2
5

Fiscal Year 2024 data
semcac.org

Annual Report



2
0
2
5



Semcac

Every day in our communities, people face challenges that can make it hard to get by — from keeping the heat on in winter, to finding safe and stable housing, to making sure children are ready for school. That's where Semcac comes in.

MISSION

Empower & advocate for people to enhance their self-sufficiency by maximizing community resources.

CORE VALUES

Passion to Serve. Respect. Integrity. Accountability.

VISION

Thriving individuals, families, and communities leading a vibrant Southeast Minnesota region.

Strong communities are built when everyone has access to resources, support, and opportunity. Semcac is here to help make that happen — for children, families, and individuals of all ages.

Serving Southeastern Minnesota

Dodge
Fillmore
Freeborn
Houston
Mower
Steele
Winona

Limited services

Goodhue
Olmsted
Rice
Wabasha
Waseca



Served
21,234
INDIVIDUALS



From
10,705
HOUSEHOLDS



Provided
50,057
BUS RIDES



www.semcac.org

Board of Directors

Promise of Community Action

Community Action changes people's lives, embodies the spirit of hope, improves communities, and makes America a better place to live. We care about the entire community, and we are dedicated to helping people help themselves and each other.



Semcac's Board of Directors is voluntary and tri-partite:

- 1/3 Consumers/Clients
- 1/3 Private Community Organizations
- 1/3 Elected Public Officials

Each of the seven counties for which Semcac is the designated Community Action Agency has three members.

Volunteers are a vital part of Semcac's mission, helping us support individuals and families in need across our communities.

Learn more and sign up to share your time and talents at www.semcac.org

2025 Board of Directors

Bob Burns -President
Rick Wittrock - Vice President
Karen Johnson - Treasurer
Janice Ball - Secretary

Deborah Bailey
 Tina Bell - Executive Committee
 Brenda Boettcher
 Shawn Cox
 Carolyn Cripps
 Polly Glynn
 Larry Hindt
 Leslie Kaup
 Jena King
 Greg Olson
 Joshua Prokopec
 Steve Sarvi - Executive Committee
 Lukas Severson
 Tim Tjosaas
 Jim Wally - Executive Committee
 Neil Witzel
 Sara York

Brian Lipford - Attorney Consultant
 Chrissa Mueller - Early Ed Consultant
 Elvira Torres - Head Start Policy Council Chair



2025



"Everyone is always very kind and makes me feel safe and relaxed!"



Semcac Clinic

Semcac Clinic provides high quality, professional health care for everyone – regardless of income or insurance status. Our services include family planning care, contraception, basic health care, STI screenings and treatment, menopause care and PCOS management. We also offer education on healthy relationships, boundaries, contraception and STIs.

"Molly Schlegel changed my IUD. I didn't do well getting it in last time, so I was very nervous. Molly and the nurse were so kind. I was crying and sweating, and they fanned me, wiped my face, gave me juice, held an icepack on my head, and stayed with me until I felt good enough to leave. They tried really hard to make me feel safe and comfortable, and did their best to distract me. I couldn't have been treated any better. She did a really good job changing my IUD and did it as fast as possible."

"Molly was great to work with! She answered all of my questions kindly and appropriately, while also respecting my values. She is like talking to an old girlfriend. She is easy going and made me feel more than comfortable throughout my appointment."



SEMCAC CLINIC

Provides reproductive & sexual health services and education.

533

Patients served

Education efforts involve presenting comprehensive, reproductive health education information at schools and community events.

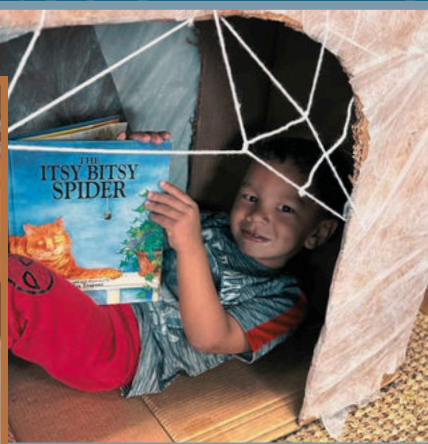
Clinic Director

Rebecca Montgomery-Nelson

rebecca.montgomery-nelson@semcac.org

Tel: 507.452.4307
420 E Sarnia St Suite 1600 Winona, MN
www.semcac.org/

2025



Head Start

Semcac Head Start & Early Head Start

Building Bright Futures (Birth–Age 5)

Semcac's federally and state funded Head Start and Early Head Start programs provide comprehensive, research-based early childhood education along with health, nutrition, and family support services—at no cost to eligible families living in poverty in Southeastern Minnesota.

- **Center-Based Classrooms (ages 3–5):** Full-day learning, four days per week from September through May across six counties.
- **Early Head Start (Birth–3):** Year-round toddler classrooms (Austin & Winona) and home-based visits for pregnant women and families with children under 3. Socialization events are offered bi-weekly.



HEAD START & EARLY HEAD START

Empowers families & young children for school readiness and provides Head Start families with comprehensive services.

230

Children were educated at the Head Start classrooms.

72

Children (ages birth–3 years) received Early Head Start services at their homes.

366

Parents were supported during the early years of their child's life.



Semcac's Head Start enrollment interest form

"I am happy with my daughter's teachers! They are excellent. They provide very good education, and are very good at working with my daughter."

"Keep up the amazing work! And thank you for helping my child grow!"



Head Start Director
Tara Blom
tara.blom@semcac.org

2025

Outreach and Emergency Services

"Thank you so much for listening to me! The time and help is so much appreciated!"

Semcac operates seven contact centers in the counties designated as Semcac's Community Action Agency service area: Steele, Dodge, Freeborn, Mower, Fillmore, Houston, and Winona. Our contact centers are the hub of resources where people can call or visit to get information, ask questions, and be connected to Semcac programs and services that can help meet their needs.

"Thank you so much for all you guys have done! The help has been a lifesaver!"

What we do:

- EMPOWER individuals to become financially stable
- PREVENT homelessness
- PROVIDE nutritious food
- ASSIST during crisis & emergency situations
- ASSIST with accessing community resources.

"You guys are a lifesaver! The car repair program is awesome and beneficial at a crucial time for me!"

Semcac operates four food shelves.
Rushford, Caledonia, Kasson and Preston



OUTREACH AND EMERGENCY SERVICES

Supports people through a crisis and allows them to utilize their limited income until they reach stability.

Received crisis financial assistance for transportation, utilities or medical needs (Households/ Individuals impacted)	Accessed food from Semcac Food Shelves (Households/ Individuals impacted)	Assistance with Car Repair Funds (Households/ Individuals impacted)	Received assistance with rent or mortgage payments or motel vouchers to prevent homelessness (Households/ Individuals impacted)	Provided gifts and a food gift card during the holiday season (Households/ Individuals impacted)	Households were provided information and referrals.
387/1,017	1,457/3,654	90/277	384/863	148/401	12,286



"My family and I are so grateful for everything you have done and for helping us when we were forced to leave due to water contamination. We didn't know what we were going to do, but the staff was so patient, understanding, and helpful. We wouldn't be where we are today without your generosity."



Outreach Services Director
Wendy Todd
wendy.todd@semcac.org



Senior Services

2025

Semcac Senior Services Department supports older adults' personal well-being, health, nutrition, and independence to live in their own homes with dignity.

Senior Nutrition operates seven kitchens in Southeast Minnesota that prepare the program's weekday meals for older adults in 11 counties.

Food delivery vans distribute meals to more than 35 dining sites and to reach the volunteers who further distribute home-delivered meals in 45+ communities.

Senior Congregate Dining and Meals on Wheels provide nutritious meals for individuals 60 and older and their spouses.

Senior & Caregiver Advocacy: Semcac's Senior & Caregiver Advocates support and empower seniors and caregivers by addressing their individual needs, enabling seniors to live safely and independently in their own homes and communities. They assist individuals aged 60 and above, adults of any age with disabilities, and adults eligible for Medicare.

"The availability of meals for my elderly mother is valuable to me."

"Difficult to cook for one, the companionship is just as important as the food!"



SENIOR SERVICES

Empowers seniors to maintain their health and nutritional well-being and allows seniors to remain in their homes.

175,590

Hot, nutritious meals were served to seniors in a congregate setting.

2,529

Number of seniors receiving meals in a congregate setting.

166,901

Number of nutritious meals were delivered to home-bound seniors.
*Includes flash frozen meals

1,319

Home-bound seniors who received delivered meals.

219

Home-bound Seniors and/or caregivers received assistance to identify needs, access resources and make informed decisions.

*The Winona kitchen uses a flash freezer to prepare meals for delivery across multiple counties, with about 12,500 frozen meals delivered.

I wouldn't have been able to come home without your help. My family are appreciative also, because the delivery people keep an eye on me. Makes my family happy because I live alone in the country.



2025

Energy and Housing



Energy Assistance

Semcac's Energy Assistance Program (EAP) helps income-eligible households in Dodge, Fillmore, Freeborn, Houston, Mower, Steele, and Winona counties manage the cost of winter heating. Assistance is provided through direct payments to utility companies, with qualified amounts based on household size, income, and fuel expenses. By ensuring families can maintain safe and reliable heat during the coldest months, EAP reduces financial stress and promotes stability for both homeowners and renters.



ENERGY ASSISTANCE

Heats homes during the winter season and extends budgets for low income households.

4,649

Households received assistance with their utility payments.

954

Households received additional crisis energy assistance.

Housing

Semcac helps homeowners create safer and more accessible living environments through a variety of housing programs. Support may include home modifications for individuals with disabilities or mobility challenges, such as installing ramps or grab bars, as well as repairs that improve the overall health and safety of the home. Semcac also provides affordable rehabilitation loan options for income-eligible homeowners and partners with local communities to carry out Small Cities Development Program projects, which focus on preserving housing, improving accessibility, and strengthening neighborhoods.

Semcac provides staffing for the Bluff Country HRA, which offers a range of programs. The MN Housing Impact Fund Loan Program offers a no-interest, deferred loan to eligible homeowners for making necessary home repairs. The Step Up/Start Up Mortgage Program is offered through eligible lenders. To find a lender, go to www.mnhousing.gov.

"I was impressed with all aspects of the program. The crew was polite, efficient, and very nice. They kept me advised of work each time they were here. I would recommend this program to all seniors. I know how to run the equipment and feel secure and safe in my home. Thank you for this program."



HOUSING REHAB LOANS

Improves living conditions for low-income households and preserves quality, affordable housing.

15

Households were assisted with rehab through the MN Housing Rehab Loan Program.

14

Households received assistance with needed home repairs via Small Cities Development Program.

Weatherization

Weatherization is a process that involves making homes more energy efficient by addressing energy conservation needs. Semcac's Weatherization Assistance Program includes an energy audit, which is a thorough assessment of a home's energy conservation needs. The program also provides a plan for the most cost-effective energy-efficient improvements, which may include the addition of attic or wall insulation, reduction of air leakage, and replacement or repair of furnaces, boilers, and water heaters. Additionally, the program offers education on how to reduce energy usage in the home.

Homeowners and renters who are approved for the Energy Assistance Program are automatically screened for participation in the Weatherization Assistance Program. Priority is given to households with at least one senior citizen, individual with a disability or child, or to households with the highest heating costs.



HELP (Home Energy Licensed Professionals)

HELP provides in-home energy audits to improve comfort, reduce energy bills, and make homes safer, more durable, and affordable. Last year HELP provided the following paid services.

- 3 New construction blower door tests
- 3 Insulation installations
- 1 Home energy audit
- 31 Lead clearance inspections
- 32 Lead risk assessments



WEATHERIZATION

Lowers energy bills for low-income people.

131

Households had their homes weatherized.

132

Households received home conservation services funded through the local utility companies.

163

Households received energy related repairs, such as furnace replacements.

"This program and staff exceeded my expectations and/or even thoughts of being an option for me!
Thank you!!"

"I received more than anyone could have ever expected. I was so surprised and overjoyed by this. When you're not sure how the next year is going to turn out, this made my anxiety and worry not as bad. Every little bit helps, and seeing how others care makes you feel so grateful."

507.864.7741

www.semcac.org

Energy & Housing Director
Melissa Feine
melissa.feine@semcac.org

2025

Transportation

SEMCAC
TRANSPORTATION



Semcac Transportation For All Your Transportation Needs

Semcac Transportation provides a comprehensive network of services designed to meet the diverse needs of southeastern Minnesota residents. Our programs connect individuals to healthcare, employment, education, shopping, and community activities, ensuring safe and accessible travel across the region.



"If it wasn't for this program, I would have an impossible time finding a ride for my medical appointments."

ROLLING HILLS TRANSIT

Rolling Hills Transit (RHT) continues to fulfill its mission of providing safe, reliable, and accessible public transportation throughout over 20 communities in southeastern Minnesota. Our services connect residents to jobs, healthcare, shopping, and community activities, ensuring that rural and small-town communities remain connected and vibrant. Standard curb-to-curb service is provided across the service area.

VOLUNTEER DRIVER PROGRAM

The Volunteer Driver Program (VDP) provides door-to-door transportation for seniors in rural areas. Volunteer drivers assist passengers with safe travel to medical appointments and other essential destinations. This program extends the reach of Rolling Hills Transit and ensures that community members maintain independence and access to vital services.

CARE-A-VAN / SPECIAL TRANSPORTATION SERVICE

The Care-a-Van program provides through-the-door transportation for passengers with significant mobility or medical needs. Drivers assist passengers from inside their home or facility to their destination, ensuring safe boarding, securement of mobility devices, and hands-on support as needed. This service meets ADA standards and is designed to provide reliable, respectful, and accessible transportation for individuals who require specialized assistance.



TRANSPORTATION

Ensures people get to their medical and dental appointments, Senior Dining and other locations to meet essential needs.

50,057

Rides were provided on Rolling Hills Transit buses.

10,508

Rides were provided through the Volunteer Driver Program.

695

Individuals who received rides through the Volunteer Driver Program.

332

Individuals provided through the Care-a-van Program.

Transportation Director
Bill Spitzer
bill.spitzer@semcac.org

Tel: 507.634.4340
400 Commerce Dr SE
Kasson, MN
<https://rhtbus.com>

Statement of Activities

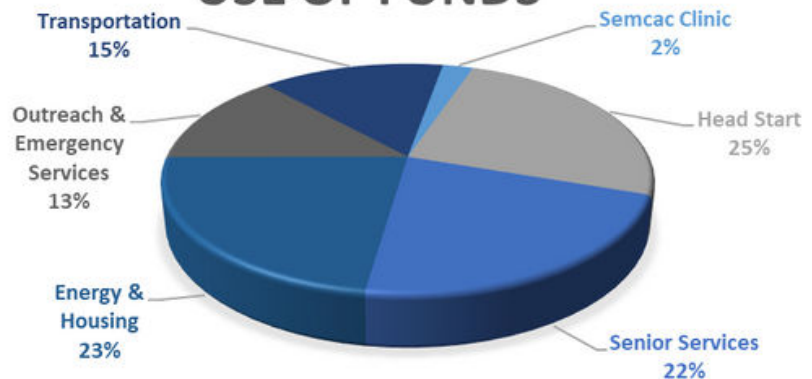
2025

SEMCAC Statement of Activities Year Ended September 30, 2024

	Without Donor Restrictions	With Donor Restrictions	Total
Revenue, Support, and Gains			
Grant and contract revenue	\$ 15,010,944	\$ 11,409	\$ 15,022,353
Contributions	303,709	583,966	887,675
In-kind contributions	445,785	-	445,785
Program revenue	2,606,004	-	2,606,004
Fundraising	200,000	-	200,000
Interest income	23,150	-	23,150
Other income	100,571	-	100,571
Net assets released from restrictions	680,265	(680,265)	-
Total revenue, support, and gains	19,370,428	(84,890)	19,285,538
Expenses and Losses			
Program services			
Child education services	4,258,467	-	4,258,467
Older Americans	3,747,455	-	3,747,455
Energy assistance	438,074	-	438,074
Community services	1,574,070	-	1,574,070
Weatherization	2,653,007	-	2,653,007
Housing assistance	760,715	-	760,715
Health	407,833	-	407,833
Food assistance	684,625	-	684,625
Transportation	2,462,613	-	2,462,613
Supporting services			
Management and general	1,583,947	-	1,583,947
Fundraising	16,429	-	16,429
Total expenses	18,587,235	-	18,587,235
Loss on disposal of property and equipment	468,700	-	468,700
Change in net assets	314,493	(84,890)	229,603
Net Assets			
Beginning of year	4,500,607	4,375,653	8,876,260
End of year	\$ 4,815,100	\$ 4,290,763	\$ 9,105,863



USE OF FUNDS



2025

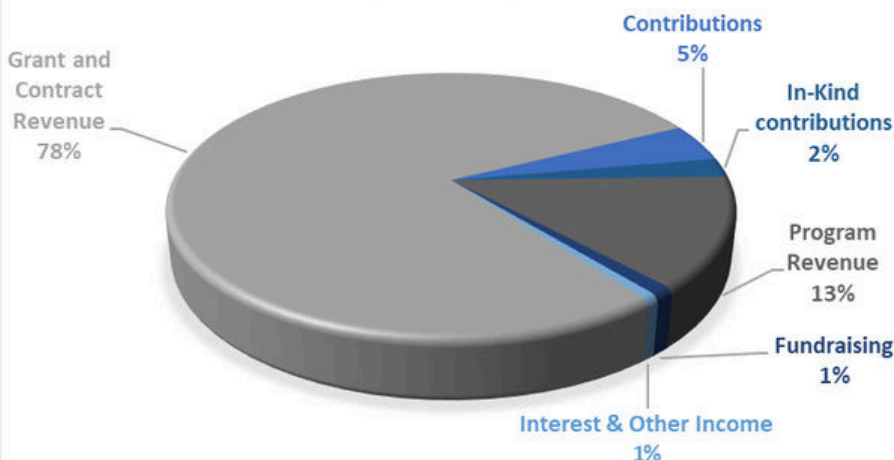
Statement of Financial Position



SEMCAC Statements of Financial Position As of September 30, 2024 and 2023

	2024	2023
Assets		
Cash and cash equivalents	\$ 793,092	\$ 1,556,640
Accounts receivable	855,590	676,492
Contributions and grants receivable	5,140,449	4,330,551
Co-op patronage receivable, net	79,954	79,109
Notes receivable	66,583	73,856
Prepaid expenses	286,715	229,050
Inventory	31,595	31,575
Other assets	50,527	65,243
Property and equipment, net	4,340,501	4,207,495
Right-of-use assets - operating leases	830,491	1,156,384
Total assets	\$ 12,475,497	\$ 12,406,395
Liabilities and Net Assets		
Liabilities		
Accounts payable	\$ 576,926	\$ 364,933
Accrued expenses and other liabilities	747,259	676,161
Refundable advances	489,968	632,495
Deferred revenue	17,969	8,775
Note payable	555,532	579,185
Lease liabilities - operating	893,728	1,197,821
Lease liability - finance	17,466	22,984
Cash held as fiscal agent	70,786	47,781
Total liabilities	3,369,634	3,530,135
Net assets		
Without donor restrictions	4,815,100	4,500,607
With donor restrictions	4,290,763	4,375,653
Total net assets	9,105,863	8,876,260
Total liabilities and net assets	\$ 12,475,497	\$ 12,406,395

INCOME SOURCES



www.semcac.org

Programs By County

Contact Centers

Dodge County
105 S. Mantorville Ave.
Kasson
507.634.4350

Fillmore County
515 Washington St. NW
PO Box 5
Preston
507.765.2761

Freeborn County
204 W Clark St.
Albert Lea
507.373.1329

Houston County
138 E Main St.
Caledonia
507.725.3677

Mower County
111 N Main
Suite 201
Austin
507.433.5889

Steele County
209 E. Main St., Ste A
Owatonna
507.451.7134

Winona County
420 E Sarnia St.
Suite 1600
Winona
507.452.8396

Programs by County

	Dodge	Fillmore	Freeborn	Houston	Mower	Olmsted	Steele	Winona
Bluff County HRA		✓		✓				
Bus Services - Rolling Hills Transit	✓	✓		✓		✓		✓
Early Head Start					✓			✓
Energy Assistance	✓	✓	✓	✓	✓		✓	✓
Food Shelves	✓	✓		✓				
Head Start	✓	✓		✓	✓		✓	✓
Homeless Prevention & Assistance	✓	✓	✓	✓	✓		✓	✓
Housing Rehab Loans	✓	✓	✓	✓	✓		✓	✓
Meals on Wheels	✓	✓	✓	✓	✓	✓	✓	✓
Outreach & Emergency Services	✓	✓	✓	✓	✓		✓	✓
Semcac Clinic		✓		✓				✓
Senior & Caregiver Advocacy	✓	✓		✓			✓	
Senior Dining	✓	✓	✓	✓	✓	✓	✓	✓
Volunteer Driver Program	✓	✓		✓		✓	✓	✓
Weatherization	✓	✓	✓	✓	✓	✓	✓	✓

Agency Contact Information
204 S Elm St,
PO Box 549
Rushford
507.864.7741

Executive Director
Jennifer Hengel
jennifer.hengel@semcac.org

Fiscal Director
Adam Larson
adam.larson@semcac.org

IT Director
Craig Hanson
craig.hanson@semcac.org

Human Resources Director
Jeff Rogness
jeff.rogness@semcac.org

Planning & Development Director
Kelly Dicke
kelly.dicke@semcac.org



2024 Donation Report

January 1, 2024 – December 31, 2024

511

Total Donors

843

Number of donation transactions

\$487,329.26

Total amount donated

2023 donation total \$531,530.57

2022 donation total \$402,908.18

2021 donation total \$303,408.13

\$100,000

Largest donation

\$578.09

Average donation

Notable Constituent Types	2023		2024	
Business Donors	53	\$246,061.30	37	\$142,150.49
Individual Donors	376	\$104,188.34	326	\$139,230.05
Church/Spiritual donors	85	\$55,279.55	80	\$66,600.78
Civic Associations	29	\$36,595.95	32	\$37,522.80
Community Groups	15	\$10,613.17	10	\$11,550.50
Foundation Donations	5	\$32,690.00	6	\$12,560.24
Nonprofit Donors	13	\$33,143.49	13	\$72,253.34
Government Agency	5	\$2,510.00	3	\$1,103.54
Schools	4	\$1,742.80	2	\$1,128.52

Donations by Giving Level	2023	2024
\$5,000 and above	14	11
\$1,000 – \$4,999	62	77
\$500 – \$999	81	72
\$100 – \$499	383	347
\$99 and under	342	336
Total number of gift transactions	882	843



Donations by Department & Program

Outreach	2023	2024	Senior Services	2023	2024
Food Shelves	\$228,650.07	\$274,318.16	Senior Dining	\$71,031.00	\$108,006.58
Homeless Prevention & Assistance	\$50.00	\$1,589.00	Meals on Wheels	\$3,138.04	\$2,999.00
Case Management/Field Services/Advocacy	\$107,000.00	\$1,000.00	Transportation	2023	2024
Outreach/Emergency Services (Bell Lumber fund – Freeborn County)	\$62,160.00	\$74,036.00	Transportation	\$26,765.00	\$1,923.00
Head Start	2023	2024	Semcac Clinic	2023	2024
Head Start & Early Head Start	\$4,556.00	\$5,815.00	Clinic	\$1,200.00	\$1,150.00
Housing	2023	2024	Agency	2023	2024
Rehabs, WX & Community Development	8,075.00	\$60.00	Fund Development, General	\$13,412.49	\$16,432.52



Online Giving, Crowdfunding & Drives

January 1, 2024 – December 31, 2024



Bell Lumber & Pole Co. – Bell Lumber challenged Semcac to raise \$100,000 or more of new donations! If Semcac was able to raise \$100,000 Bell Lumber would match the donation amounts \$1 for \$1. The Bell Lumber challenge went from Oct. 11 – Dec. 31, 2024. We raised **\$148,901.37** from new or increased givers. Donations can come from any source or location and the amount matched by Bell Lumber will be utilized for Semcac services in Freeborn County.

Spring 2024 Donation Challenge raised **\$8,118** from Mar. 25 – Jun. 15, 2024.



GiveMN.org – GiveMN.org offers online donations through credit or debit cards. In 2024, **46** donations were given on this platform, totaling **\$7,903.56**.

Give To the Max Day is an online donation event for MN nonprofit organizations that takes place via GiveMN.org annually in mid-November. The 2024 event was November 21. Raising **\$817.45** by **7** donors.



Benevity Causes Portal – Benevity offers its members the opportunity to donate to a nonprofit outside their own organizations. There are multiple disbursements during the year based on the active donations. The total amount donated via EFT, in 2024 is **\$948.20** from **29** donations.



Minnesota FoodShare – Combined our four food shelves raised **\$44,651.85** and **15,277 pounds** of food during the 2024 campaign. As a result, the Semcac food shelves received a percentage of the statewide MN FoodShare funds. The allocation amount depended upon the amount of food and money raised during the month of March.



Semcac's Annual Donation Campaign – Semcac's Annual Campaign consists of an annual drive reaching out to donors and vendors of Semcac to ensure everyone has an opportunity to contribute to the mission and vision of Semcac. The drive ran from Sept. 15– Dec. 31, 2024. Donations during this time-period totaled **\$355,411.46**.



Donated Volunteer Hours

1,024

Total number of Semcac volunteers

34,949

Total number of hours donated by Semcac volunteers



Food Shelves, Food Donations

19,653 lbs

Caledonia
2023 Totals 19,699 lbs

90,809 lbs

Kasson
2023 Totals 92,103 lbs

27,163 lbs

Preston
2023 Totals 34,865 lbs

17,884 lbs

Rushford
2023 Totals 13,821 lbs

In fiscal year 2024, the four Semcac food shelves received a total of **155,509** lbs. of food donations. In fiscal year 2023, the four Semcac food shelves received a total of **160,488** lbs. of food donations.



2025 Annual Report
Semcac is an equal opportunity employer.



 www.semcac.org

 507.864.7741

 204 S Elm St., PO Box 549, Rushford, MN 55971



Platinum
Transparency
2025

Candid.