



Semcac

IMPACT REPORT

2025

MISSION

EMPOWER & ADVOCATE FOR PEOPLE TO ENHANCE THEIR SELF-SUFFICIENCY BY MAXIMIZING COMMUNITY RESOURCES.

Semcac is a nonprofit, 501(c)(3) Community Action Agency designated to serve Southeast Minnesota counties:

Dodge, Fillmore, Freeborn, Houston, Mower, Steele & Winona.
Some programs in Olmsted, Goodhue, Rice, Wabasha & Waseca

Semcac provides services to assist low-income and/or at-risk populations and addresses community needs.

Programs by County	Dodge	Fillmore	Freeborn	Houston	Mower	Olmsted	Steele	Winona
Bluff County HRA		✓		✓				
Bus Services	✓	✓		✓		✓		✓
Early Head Start					✓			✓
Energy Assistance	✓	✓	✓	✓	✓		✓	✓
Food Shelves	✓	✓		✓				
Head Start	✓	✓		✓	✓		✓	✓
Homeless Prevention & Assistance	✓	✓	✓	✓	✓		✓	✓
Housing Rehab	✓	✓	✓	✓	✓		✓	✓
Meals on Wheels	✓	✓	✓	✓	✓	✓	✓	✓
Outreach Services	✓	✓	✓	✓	✓		✓	✓
Semcac Family Planning Clinic		✓		✓				✓
Senior & Caregiver Advocacy	✓	✓		✓			✓	
Senior Dining	✓	✓	✓	✓	✓	✓	✓	✓
Volunteer Driver Program	✓	✓		✓		✓	✓	✓
Weatherization	✓	✓	✓	✓	✓	✓	✓	✓

Annual Full Agency Results



Served
21,234
INDIVIDUALS

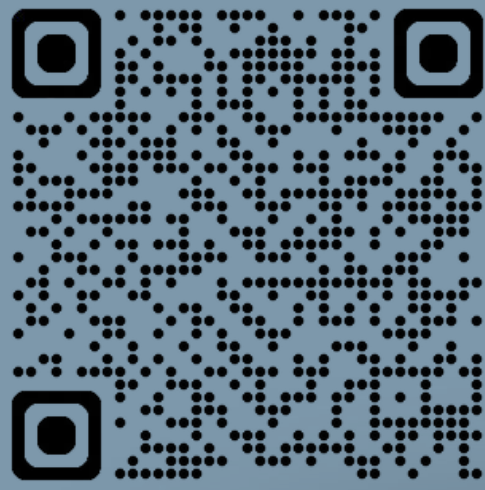


From
10,705
HOUSEHOLDS



Provided
50,057
BUS RIDES

34,494 hours
donated by
1,024 volunteers



Semcac's Impact

Data from fiscal year or calendar year 2024



SENIOR SERVICES

Empowers seniors to maintain their health and nutritional well-being and allows seniors to remain in their homes.

	Hot, nutritious meals served to seniors in a congregate setting.	Number of seniors receiving meals in a congregate setting.	Number of nutritious meals delivered to home-bound seniors. *includes flash frozen meals	Home-bound seniors who received delivered meals	Seniors and/or caregivers received assistance to identify needs, access resources and make informed decisions
Semcac	175,590	2,529	166,901	1,319	219
Dodge	2,795	25	11,242	92	40
Fillmore	13,062	233	35,018	316	66
Freeborn	12,157	123	25,281	206	
Houston	10,587	184	23,463	210	71
Mower	12,943	89	13,789	80	
Steele	9,573	98	28,787	192	42
Winona	16,614	137	17,034	130	
Olmsted	60,142	887	12,287	93	
Goodhue	10,855	205			
Rice	18,975	365			
Wabasha	7,887	183			

*Includes approximately 12,500 flash frozen meals at the Winona kitchen and delivered across multiple counties.



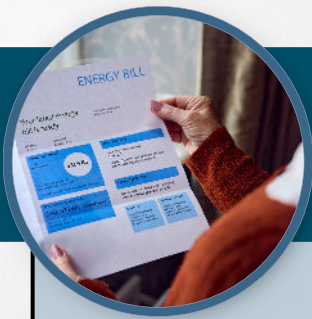
ENERGY ASSISTANCE

Heats homes during the winter season and extends budgets for low income households.

	Households received assistance with their utility payments.	Households received additional crisis energy assistance.
Semcac	4,649	954
Dodge	267	68
Fillmore	458	89
Freeborn	850	169
Houston	360	76
Mower	921	187
Steele	637	150
Winona	1,156	215

Semcac's Impact

Data from fiscal year or calendar year 2024



WEATHERIZATION

Lowers energy bills for low-income people.

	Households had their homes weatherized.	Households received home conservation services funded through the local utility companies.	Households received energy related repairs, such as furnace replacements.
Semcac	131	132	163
Dodge	10	14	18
Fillmore	22	31	19
Freeborn	15	28	43
Houston	10	11	12
Mower	16	5	29
Steele	17	9	19
Winona	21	11	23
Olmsted	20	23	



HOUSING REHAB LOANS

Improves living conditions for low-income households and preserves quality, affordable housing.

	Households assisted with rehab through the MN Housing Rehab Loan Programs.	Households received assistance with needed home repairs via Small Cities Development Program
Semcac	15	14
Dodge	1	
Fillmore	1	6
Freeborn	1	
Houston	3	8
Mower	2	
Steele	2	
Winona	2	
Goodhue, Rice and Wabasha Counties	3	



HEAD START & EARLY HEAD START

Empowers families & young children for school readiness and provides Head Start families with comprehensive services.

	Children & families were educated at the Head Start classrooms.	Parents supported during the early years of their child's life.	Children (ages birth-3 years) received Early Head Start services at their homes.
Semcac	230	366	72
Dodge	19	26	
Fillmore	9	12	3
Freeborn			
Houston	13	32	
Mower	100	145	50
Steele	43	56	
Winona	46	95	19

Semcac's Impact

Data from fiscal year or calendar year 2024



TRANSPORTATION

Ensures people get to their medical and dental appointments, Senior Dining and other locations to meet essential needs.

	Rides were provided on Rolling Hills Transit buses.	Rides were provided through the Volunteer Driver Program.	Individuals who received rides through the Volunteer Driver Program.	Individuals provided through the Care-a-van program.
Semcac	50,057	10,508	695	332
Dodge	12,589	1,856	90	78
Fillmore	7,270	1,330	122	82
Freeborn				
Houston	5,421	844	62	33
Mower				
Steele		608	67	3
Winona	8,197	4,435	243	84
Olmsted	16,580	1,435	111	
Other Counties				52



OUTREACH AND EMERGENCY SERVICES

Supports people through a crisis and allows them to utilize their limited income until they reach stability.

	Received crisis financial assistance for transportation, utilities or medical needs (Households/Individuals impacted)	Accessed food from Semcac Food Shelves (Households/Individuals impacted)	Assistance with Car Repair Funds (Households/Individuals impacted)	Received assistance with rent or mortgage payments or motel vouchers to prevent homelessness (Households/Individuals impacted)	Received assistance from the Family Flex Fund for crisis needs (Households/Individuals impacted)	Provided holiday presents during the holiday season (Households/Individuals impacted)	Households were provided information and referrals.
Semcac	367/949	1,457/3,654	90/277	384/863	20/68	148/401	12,286
Dodge	74/207	648/1,730	6/21	28/73	20/66		503
Fillmore	160/495	492/1,176		54/102		148/401	548
Freeborn	87/148		21/52	89/179			2,748
Houston	28/66	317/748		33/80			1,103
Mower				53/135			3,680
Steele			43/147	103/225			2,372
Winona	18/33		10/24	24/69			1,332
Waseca			10/33				



SEMCAC CLINIC

Provides reproductive & sexual health services and education.

533
Patients served

Education efforts involve presenting comprehensive, reproductive health education information at schools and community events.