



# Semcac Semcac Clinic

## THE FACTS

- \* Semcac Clinic offers a patient portal; a secure, online website providing convenient 24 hour access to your personal health information. With your login information, you can view recent visit summaries, medications, immunizations, lab results & more.



*Semcac Clinic provides high-quality family planning services & education for everyone—regardless of income level, insurance status, age, sexual orientation, gender identity, sex and state of residency. Services are non-judgmental, affordable & confidential. All medical services are performed by a clinician.*

### What services are provided?

**Women’s Health**—Semcac Clinic services provided for women’s health include annual exams, the HPV vaccine, pregnancy tests, services to treat sexually transmitted infections (STI’s), education, a variety of contraception & STI prevention methods. Contraception methods offered include: IUD, birth control pill, the shot, the ring, the patch, birth control implants and emergency contraception. We also offer condoms to help prevent STI’s.

**Men’s Health**— Semcac Clinic provides sexual health services for men focused on the prevention and treatment of sexually transmitted infections, safe sexual health practices and pregnancy prevention.

**Transgender Health**— Semcac Clinic provides transgender patients (age 18—63 years) with access to hormones in a safe, respectful, healthy manner, with informed consent.

**Community Education**— Comprehensive sexual and reproductive education for schools, community groups and organizations are provided. Programs are created with age appropriate content and meet the National Sexuality Education Standards.



- \* Community Education program presentations can be tailored to meet the needs of your audience.
- \* We offer medical services for Chlamydia, Gonorrhea, HIV, Syphilis, Herpes, Genital Warts & HPV associated with abnormal lab results.
- \* We administer the Gardasil HPV vaccine to protect patients against the most common strains of the Human Papillomavirus.
- \* Semcac Clinic offers Rapid HIV Testing. New in 2017! It only takes 60 seconds to #KnowYourStatus.

### WE ARE A SLIDING FEE CLINIC

We provide low-cost services based on a sliding fee scale; all service fees are based on annual household income and the number of household members supported by that income. We do not require information about your parents’ income if you do not wish to provide it. And, many patients qualify for state family planning program enrollment for free family planning services, including free birth control and yearly exams.

Whether you have health insurance or not, Semcac Clinic is here for you. If you do have health insurance, great! We accept many types of insurance and can bill them for your visit. Please contact your insurance provider to find out if services are covered by your policy.



*Semcac Clinic follows all state and federal privacy laws. You do not need anyone’s consent to receive services at the clinic and any communication from us can be sent to an address of your choice.*





# Semcac Semcac Clinic

[www.semcac.org](http://www.semcac.org)

## Locate & Contact Us

### Semcac Clinic

Semcac Center  
76 West 3rd Street, PO Box 61  
Winona, MN 55987  
[clinic@semcac.org](mailto:clinic@semcac.org)

**507.452.4307**  
Appointments Recommended



Semcac is a Community Action nonprofit agency.

Semcac's Mission: Empower and advocate for people to enhance their self-sufficiency by maximizing community resources.



In 2017, the Education & Outreach staff presented sexual & reproductive health education information at **25 events**, reaching over **1,888 people!**



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## 2017 Annual Semcac Clinic Statistics

- ⇒ **1,137** patients visited the Clinic for **2,685** health services
- ⇒ **149** females were screened for cervical cancer
- ⇒ **841** gonorrhea & chlamydia tests were provided to patients
- ⇒ **225** HIV tests were provided to patients
- ⇒ **190** estimated unintended pregnancies were prevented
- ⇒ **90** estimated unplanned births prevented
- ⇒ **60** estimated abortions prevented
- ⇒ **40** estimated miscarriages prevented
- ⇒ Semcac Clinic saved taxpayers approximately **\$1,505,840**

*Estimates provided by [www.gutmacher.org](http://www.gutmacher.org) | Guttmacher Institute tool*



### Comments from recent Semcac Clinic clients...

*"Thankful for this establishment. Such a great environment where they take time to speak with you and educate you."*

*"Very welcoming and makes you feel comfortable every time. Thanks ladies."*

*For every **\$1.00** invested in family planning, the taxpayer saves an estimated **\$7.09***

[www.nationalfamilyplanning.org](http://www.nationalfamilyplanning.org)

## We are part of the Title X network

*For more than 40 years, the Title X (ten) family planning program, the nation's only dedicated source of federal funding for family planning, has provided high-quality, culturally sensitive family planning services and other preventive health care to low-income, under-insured and uninsured individuals who may otherwise lack access to health care. Signed into law by President Nixon on December 24, 1970 as public law, the program was created by Title X of the Public Health Service Act with broad bipartisan support. [www.nationalfamilyplanning.org](http://www.nationalfamilyplanning.org)*

Visit [www.semcac.org/donate](http://www.semcac.org/donate) to learn how you can contribute to Semcac Clinic.