

FISCAL YEAR 2022 RESULTS





Semcac.org

About Semcac

Semcac is a nonprofit, 501c3 Community Action Agency designated to serve southeastern Minnesota. Established in 1966, Semcac serves the counties of Dodge, Fillmore, Freeborn, Houston, Mower, Steele & Winona. Limited services are also provided in Olmsted, Goodhue, Rice & Wabasha counties. Semcac provides services to assist lowincome &/or at-risk populations & addresses community needs.

Annual Full Agency Results



Thank you volunteers!

44,951 hours donated by 926 volunteers to Semcac.

--MISSION--

Empower & advocate for people to enhance their self-sufficiency by maximizing community resources

LOCATIONS IN FILLMORE COUNTY

- Fillmore Cty Contact Office 515 Washington St. NW Preston
- Senior Dining sites located:
 - Lanesboro, Kenilworth Apts.
 - Mabel, Fire Hall
 - Preston, B&B Bowl
 - Rushford, Tenborg Bldg.
 - Spring Valley, Community Center
- Semcac Mailing/ Admin Office 204 S. Elm Street, Rushford
- 4 Food Shelves located: Rushford, Jesse Street & Preston, Washington Street

Semcac's Impact in Fillmore County - 2023 Report

Senior Nutrition results in seniors who are empowered to maintain their health and nutritional wellbeing and allows at-risk seniors to remain in their own home.

- 13,627 hot, nutritious meals were served in a congregate setting at Senior Dining to seniors age 60+ & spouses, in Fillmore County. A Registered Dietitian approves meals.
- 31,858 nutritious meals were delivered by Meals on Wheels volunteers to Fillmore County seniors in their residence in Canton, Chatfield, Harmony, Lanesboro, Mabel, Peterson, Preston, Rushford, Spring Valley and Wykoff.

Senior and Caregiver Advocacy results in seniors maintaining safe and independent living.

• 67 seniors and/or caregivers in Fillmore County received individual assistance services to identify needs, access resources, make informed decisions and reduce feelings of isolation.

Energy Assistance results in keeping people warm by heating homes during the winter season, thus extending the limited, low household income.

- 549 households in Fillmore County received assistance with their utility payments during the winter season. And, 164 households received additional crisis assistance.
- 21 households received energy related repairs/replacements, such as furnace replacement.

Weatherization results in greener communities, lower energy bills for low-income people, improves the health within the home, and creates new jobs.

• 12 households in Fillmore County had their homes weatherized and learned more about energy conservation. 12 households received home conservation services funded through the local utility companies' Conservation Improvement Programs administered by Semcac.

Head Start results in empowered families and young children who are ready for kindergarten. Head Start families receive comprehensive services from Semcac.

• 22 individuals (12 children and their families) were educated at the Head Start Center, in Lanesboro, in Fillmore County during the program year. Head Start classroom located in Fillmore County is in Lanesboro, at Eagle Bluff Environmental Center!

Semcac Transportation results in people getting to their medical and dental appointments, senior dining and other locations to meet essential needs; assisting people with no other means of transportation. Rides provided are wheelchair accessible.

- 9,050 rides were provided on Rolling Hills Transit buses in Fillmore County.
- 1,777 rides were provided to 122 people via the Volunteer Driver Program in Fillmore County.
- Launched a new program Careavan, which provides rides to/from medical appointments and vaccination sites, is STS Certified, and rides may be paid for by riders health insurance company.

Housing Rehab Loans result in improved living condition for low-income people and the preservation of quality affordable housing.

- Semcac continued a new residential rehab program in collaboration with the City of Rushford and Rushford EDA in May 2020. Residential Rehab Loans and Rushford Impact Fund Loans were provided.
- 8 homes were assisted with rehabs through the MN Owner Rehab Loan program, in Fillmore County.

Outreach and Emergency Services supports people through a crisis and allows them to utilize their limited income (resourcefully & effectively) until they reach stability (food security, homelessness prevention, community referrals, program application assistance & more)

- FOOD SHELF: 343 households (782 people) accessed food for their families and extended their limited incomes by visiting one of the two food shelves, located in Rushford and Preston. These households visited more than once; we provided food shelf assistance 1,876 times.
- EMERGENCY: 75 individuals received crisis financial assistance for transportation, a medical issue, utility payment assistance or another immediate basic need in Fillmore County.
- 145 families (653 individuals), in Fillmore County, were provided with holiday/Christmas presents who could not afford gifts during the holiday season, the majority of the gifts are for children and seniors. Additionally, 204 families participated in the Shop with a Cop program.
- PREVENT HOMELESSNESS: 18 families (43 individuals) were assisted with payments such as rent or mortgage, provided with motel vouchers or other means of shelter in Fillmore County.
- COMMUNITY REFERRALS: Staff provided information & referrals (to other/outside organizations) to 588 individuals in Fillmore County. Staff also provided information & referrals within the agency to 1044 households in Fillmore County.

Contact Us & Stay Informed

Douglas Grout, Executive Director Doug.grout@semcac.org

Semcac.org/donate
Like & Follow @Semcac on social media



Tripartite Board of Directors

Neil Witzel, President - Dodge County
Tim Tjosaas - Dodge County
Greg Peterson – Dodge County
Larry Hindt - Fillmore County
Ruth Fallon, Treasurer - Fillmore County
Karen Johnson - Fillmore County
Lenore Fries - Freeborn County
Brad Edwin - Freeborn County
Patricia Coleman – Freeborn County
Open Position – Houston County
Bob Burns - Houston County
Larry Connery - Houston County

Janice Ball, Secretary - Mower County
Polly Glynn - Mower County
Tina Bell - Mower County
Janice Schultz - Steele County
Rick Gnemi - Steele County
Rick Wittrock- Steele County
Brenda Boettcher - Winona County
Joe Hoffman - Winona County
Dwayne Voegeli- Winona County

Brian Lipford - Attorney Liaison

