



Semcac Food Shelves

THE FACTS

About Semcac Food Shelves

- * **Emergency Food is available to ANY household experiencing a food crisis, regardless of household income.**
- * **To use the food shelf, for a standard visit, household income should be at or below 200% of the Federal Poverty Level.**

The income guidelines for food shelf clients are posted on the Semcac website, on the *Food Shelves* page. (URL below.)



- * **Food shelf clients can receive referrals to other programs and services at all of our food shelves. Some households are eligible for other federal and state programs. Semcac provides very comprehensive assistance, to benefit the client(s).**

Donations are needed and accepted all year.

Semcac's four food shelves provide individuals and families with a variety of nutritious food and the opportunity to stretch limited household budgets. The food shelves are sustained by monetary donations, donations of food and personal care items.

2018 Food Shelf Stats

- Served **1,284** households totaling **3,448** people.
- Households made **7,632** visits to the food shelves.
- Distributed **355,412 lbs.** of food.
- Distributed an average of **6,835 lbs.** per week.
- Average of **17.4 lbs.** distributed, per person, per visit.

Food Shelf Locations

- ◆ **Rushford**
- ◆ **Kasson**
- ◆ **Preston**
- ◆ **Caledonia**

**Nearly 1 in 10
Minnesotans
experience food
insecurity.**

-US Dept. of Agriculture, 2017

Semcac Food Shelves are a Program of the Outreach & Emergency Services Department

Semcac Outreach & Emergency Services programs support the mission of Semcac by striving to empower families and individuals to financially stabilize their lives, prevent homelessness, provide nutritious food to those in need, provide assistance during crisis situations, offer assistance with accessing other Semcac services and community resources.

<https://www.semcac.org/outreach-services/food-shelves/>



<https://www.semcac.org/donate/>



Semcac Food Shelves

www.semcac.org

LOCATIONS & HOURS

Dodge County

20 E. Veterans Memorial Hwy
PO Box 36
Kasson, MN 55944

Tuesday & Thursday
9:00a—12:30p & 1:30—4:00p

Fillmore County—Preston

515 Washington St. NW
PO Box 5
Preston, MN 55965

Tuesday & Thursday
9:00a—12:00p & 1:00—4:00p

Fillmore County—Rushford

113 E. Jessie St.
PO Box 549
Rushford, MN 55971

Tuesday & Thursday
9:00a—11:30p & 12:30—4:00p

Houston County

138 E. Main St.
Caledonia, MN 55921

Tuesday
9:00a—12:00p & 1:00—6:00p
Thursday
9:00—12:00p & 1:00—4:00p

County	Phone
Kasson	507.634.4350
Preston	507.765.2761
Rushford	507.864.8224
Caledonia	507.725.3677
Semcac's Main Office	507.864.7741

We are very thankful for all of our food shelf volunteers!

www.semcac.org/volunteering

Semcac is a Community Action nonprofit agency.

Semcac's Mission: Empower & advocate for people to enhance their self-sufficiency by maximizing community resources.

Semcac is an equal opportunity employer.



Semcac food shelves can offer our clients personal and household items, when available.

Semcac food shelves are "Client Choice"

Clients are able to select the items they would like, within distribution guidelines; items aren't selected on their behalf, but staff assistance is available if requested or needed.

13.8% of children in Minnesota are food insecure.

Source: Feeding America, 2015



What is food insecurity & security?

Food insecurity means access to adequate food is inconsistent and limited by a lack of money and other resources throughout the year.

Food security is "access by all people at all times to enough food for an active, healthy life."

Source: US Dept. of Agriculture, Economic Research Service, 2016

This is a well deserving organization that can make a huge difference for families living paycheck to paycheck.

- 2018 Semcac Food Shelf Client

