Semcac Food Shelves

THE FACTS

Semcac’s four food shelves provide individuals and families with a variety of nutritious food and the opportunity to stretch limited household budgets. The food shelves are sustained by monetary donations, donations of food and personal care items.

About Semcac Food Shelves

• Emergency Food is available to ANY household experiencing a food crisis, regardless of household income.

• To use the food shelf, for a standard visit, household income should be at or below 200% of the Federal Poverty Level.

The income guidelines for food shelf clients are posted on the Semcac website, on the Food Shelves page. (URL below.)

• Food shelf clients can receive referrals to other programs and services at all of our food shelves. Some households are eligible for other federal and state programs. Semcac provides very comprehensive assistance, to benefit the client(s).

Donations are needed and accepted all year.

2018 Food Shelf Stats

• Served 1,284 households totaling 3,448 people.
• Households made 7,632 visits to the food shelves.
• Distributed 355,412 lbs. of food.
• Distributed an average of 6,835 lbs. per week.
• Average of 17.4 lbs. distributed, per person, per visit.

Food Shelf Locations

♦ Rushford
♦ Kasson
♦ Preston
♦ Caledonia

Nearly 1 in 10 Minnesotans experience food insecurity.
-US Dept. of Agriculture, 2017

Semcac Food Shelves are a Program of the Outreach & Emergency Services Department

Semcac Outreach & Emergency Services programs support the mission of Semcac by striving to empower families and individuals to financially stabilize their lives, prevent homelessness, provide nutritious food to those in need, provide assistance during crisis situations, offer assistance with accessing other Semcac services and community resources.

https://www.semcac.org/outreach-services/food-shelves/

https://www.semcac.org/donate/
Semcac food shelves are “Client Choice”
Clients are able to select the items they would like, within distribution guidelines; items aren’t selected on their behalf, but staff assistance is available if requested or needed.

What is food insecurity & security?
Food insecurity means access to adequate food is inconsistent and limited by a lack of money and other resources throughout the year.

Food security is “access by all people at all times to enough food for an active, healthy life.”