Mission: Empower and advocate for people to enhance their self-sufficiency by maximizing community resources.

Vision: Thriving individuals, families and communities leading a vibrant southeast Minnesota region.

Semcac offers a network of partnerships and comprehensive assistance to help people in rural southeastern Minnesota communities. Semcac is an equal opportunity employer.

Semcac locations in Mower County

- The Mower County Outreach & Emergency Services office is located at 111 North Main, Suite 201 in Austin.
- Senior Dining congregate meal sites are located at 2 locations in Austin, Twin Towers and Pickett Place.
- Head Start classrooms are located at 2 locations in Austin; 300 16th St NE and 912 1st Ave. NE.

About Semcac

Semcac was established as a private, non-profit organization in 1966. Originally known as the Southeast Minnesota Citizens Action Council, Inc., the agency’s legal name has been Semcac since 1995. Beginning in Winona, Fillmore and Houston counties, Semcac is now the designated Community Action Agency for seven counties—Dodge, Fillmore, Freeborn, Houston, Mower, Steele and Winona—and provides services in five additional counties—Goodhue, Olmsted, Rice, Wabasha and Waseca.

Semcac offers over 25 programs from multiple locations, including the main office in Rushford, Semcac Center in Winona (including the family planning clinic, Semcac Clinic), 7 county offices (Contact Centers), 9 Head Start centers, Transportation Dispatch Center in Kasson and 43 Senior Dining sites and/or kitchens. We currently have a workforce of approximately 230 people.

Semcac has been connecting people with resources to ensure that they can achieve their goals of self-reliance and independence for 53 years. We invest private, federal and public dollars back into the communities to strengthen our greatest resource- the people.

Semcac Overall - FY2018 Statistics

- Semcac served 24,686 unduplicated individuals in addition to providing 53,787 rides via public transit, Rolling Hills Transit bussing.
- Semcac has partnerships with 973 organizations, as of fiscal year 2018.

Volunteers Make a Difference

Every year, volunteers from all of the counties we serve, join Semcac to help people. Their sacrifices bridge the generational gaps and inspire others. Last year, volunteers contributed 72,629 hours to the programs and people we serve. Thank you to all of our passionate volunteers!
Impact in Mower County - Helping Greater Minnesota’s Rural Communities

Senior Nutrition results in seniors who are empowered to maintain their health and nutritional wellbeing and allows at-risk seniors to remain in their own home.

- 4,855 hot, nutritious meals were served in a congregate setting at Senior Dining to 57 seniors in Mower County.
- 3,994 nutritious meals were delivered by Meals on Wheels volunteers to 34 Mower County seniors in Adams, Dexter, Grand Meadow and Rose Creek.

Energy Assistance results in keeping people warm by heating homes during the winter season, thus extending the limited, low household income.

- 1,157 households in Mower County received assistance with their utility payments during the winter season. And, 230 households received additional crisis assistance.

Weatherization results in greener communities, lower energy bills for low-income people and creates new jobs.

- 13 households in Mower County had their homes weatherized and learned more about energy conservation. 3 households received home conservation services funded through the local utility companies’ Conservation Improvement Programs administered by Semcac.
- 44 households received emergency energy related repairs, such as furnace replacement.

Housing Rehab Loans result in improved living condition for low-income people and the preservation of quality affordable housing.

- 10 homes in Mower County were assisted with Small Cities Development Program projects.
- 2 households in Mower County was assisted with rehabilitation through the Minnesota Owner Rehab Loan program administered by Semcac.

Head Start & Early Head Start result in empowered families and young children who are ready for kindergarten. Head Start families receive comprehensive services from Semcac.

- 228 children and their families (in 87 households) were educated by Head Start professionals in Mower County, during the program year.
- 98 children (age birth – 3 years) and/or pregnant women received Early Head Start services, at their home, in Mower County.
Outreach and Emergency Services supports people through a crisis and allows them to more effectively utilize their limited income until they reach stability.

- 34 households in Mower County attended budgeting or financial literacy education/counseling.
- 34 households were assisted with payments such as rent or mortgage, to prevent homelessness in Mower County.
- Staff provided information & referrals (to other/outside organizations) to 2,444 individuals from 940 households in Mower County. Staff also provided information & referrals within the agency to 2,015 households in Mower County.

### Agency Resources

**Federal— $6,501,614**

- Department of Energy
- Department of Health & Human Services
- Department of Housing and Urban Development
- Department of Transportation
- Department of Agriculture

**State— $4,373,001**

- MNCAG
- Minnesota Housing & Homeless Programs
- State Day Care & Early Childhood Programs
- State Energy Programs State Head Start Programs
- State Health Programs
- State Transportation Programs
- Department of Employment and Economic Development

**Local, Private and Other Funding— $2,344,223**

- Program participants, reimbursements from insurance providers, utility companies, contracts for services, etc.
- County government contracts and contributions
- United Way agencies, foundations, corporations or other nonprofit agencies
- Donations from individuals, businesses, churches and civic organizations & in-kind
- Income to offset expenses, miscellaneous and other income
Contact, Stay Informed

semcac@semcac.org  |  507-864-7741

Text Semcac to 22828 to receive our bi-monthly e-newsletter, the Semcac Sentinel.
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