

CLINIC CHRONICLE

Semcac Family Planning Newsletter



Volume 1, Issue 2- August and September 2018

FALL HOURS START SEPTEMBER 10TH!

Monday-Thursday:
8:00 am-5:00 pm

Friday:
8:00 am-12 pm

Dates to Keep in Mind

We will be closed on in the afternoon of August 28th and all day on September 3rd.

No appointments will be available on in the afternoon of August 15th and all day on September 11th and 28th. The Clinic will still be open to pick up pills though.



WHAT'S NEW AT OUR CLINIC?

UPCOMING EVENTS

-Pride in the Park: Come join us at The Center: 7 Rivers LGBT's Pride in the Park event, held at Riverside Park in downtown La Crosse, WI from 11 am-4 pm. Stop on by for free goodies, information on our services, and a photo booth. We also will be offering free 60 second HIV tests from 11 am-1pm. This is a great family friendly event to help promote diversity and understanding in our communities. We hope to see you there!

September is Sexual Health Awareness Month!

Sexual and reproductive health are important parts of every person's overall health and wellbeing. This is a great time to make an appointment at the Semcac Clinic to get tested for STI's, start a birth control method, and receive education on your sexual and reproductive health! We welcome patients of every gender, sexuality, and insurance status.

Our Services include:

- STI and HIV testing
- HPV vaccinations
- A wide range of contraceptive methods
- Pregnancy Testing
- Annual exams and pap smears
- Hormone therapies
- Individual and group education

Make an Appointment Today! Call 507-452-4307

EDUCATIONAL TOPIC OF THE MONTH- HPV VACCINE



The beginning of the school year is a great time to start the HPV vaccine.

Contact Us

Semcac Clinic

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Follow Us



What is HPV?

HPV stands for Human Papillomavirus. It is an infection that causes warts on various parts of the body, depending on the strain. This is the virus that is responsible for the warts that can grow on your hands, feet, and genitals. Usually these warts are harmless and go away on their own, but sometimes an HPV infection can lead to cancer. HPV is the most common STI.

Should I Get Tested?

There is only an HPV test for the cervix, but not other genital areas like the penis, vulva, or anus. Because HPV is the most common STI and it often clears up on its own, most people will never know they even have it. An HPV test is similar to a Pap test, where a small sample of cells is taken from the cervix and then sent to the lab for testing. Sometimes HPV tests are done at the same time as a Pap. Not everyone needs an HPV test though. Your healthcare provider might recommend one if you're older than 25, instead of a Pap; between the ages of 30-65, along with a Pap; or as a follow-up to an abnormal result from a Pap test.

The HPV Vaccine

August is National Immunization Awareness Month and HPV is the only STI and cancer causing virus that has a vaccine to help protect you from it! The HPV vaccine is a 2-3 series of injections given over a six month period that protects the body from the types of HPV that can cause most causes of genital warts and cancers of the cervix, anus, vulva, and vagina. The HPV vaccine can be given between the ages of 9-26 years old and everyone, regardless of gender, should receive it. The HPV vaccine is available at our clinic.

A graphic with an orange background and several colorful autumn leaves (red, orange, yellow, brown) scattered around. The text is centered and reads:

Fall Hours
Monday-Thursdays 8 AM-5 PM
Fridays 8 AM-12 PM

At the bottom center is the Semcac Clinic logo, which consists of three stylized human figures in a row above the text 'Semcac Clinic'.

A graphic with a dark grey background. At the top, in a light blue, cursive font, is the question: 'Who do you talk to about your sexual health?'. Below this, the text 'semcac CLINIC' is written in a large, white, sans-serif font. At the bottom, in a smaller white font, is the tagline: 'A safe place you can be yourself'.