

FISCAL YEAR 2022 RESULTS





Semcac.org

# **About Semcac**

Semcac is a nonprofit, 501c3 Community Action Agency designated to serve southeastern Minnesota. Established in 1966, Semcac serves the counties of Dodge, Fillmore, Freeborn, Houston, Mower, Steele & Winona. Limited services are also provided in Olmsted, Goodhue, Rice & Wabasha counties. Semcac provides services to assist low-income &/or at-risk populations & addresses community needs.

# **Annual Full Agency Results**



Thank you volunteers! Last year...

44,951 hours donated by 926 volunteers to Semcac.

# --MISSION--

Empower & advocate for people to enhance their self-sufficiency by maximizing community resources

# LOCATIONS IN OLMSTED COUNTY

Semcac Senior Dining congregate meal sites:

- Rochester, Hy-Vee NW
- Rochester, High Pointe Sr.
- Rochester, Central Tower
- Rochester, 125 LIVE
- Rochester, Northgate Plaza
- Rochester, Kenosha Dr Apts
- Rochester, Park Towers
- Rochester, Fontaine Tower
- Rochester, Muna Halai Restaurant
- Civic Center, Stewartville

## **Semcac Impact in Olmsted County**

Senior Nutrition results in seniors who are empowered to maintain their health and nutritional wellbeing and allows at-risk seniors to remain in their own home.

- **58,573** hot, nutritious meals were served in a congregate setting at Senior Dining to seniors age 60+ & spouses, in Olmsted County. A Registered Dietitian approves meals.
- **8,264** nutritious meals were delivered by Meals on Wheels volunteers to Olmsted County seniors in Rochester, Eyota and Stewartville.

Weatherization results in greener communities, lower energy bills for low-income people and creates new jobs.

• **31** households in Olmsted County had their homes weatherized and learned more about energy conservation. **26** households received home conservation services funded through the local utility companies' Conservation Improvement Programs, in Olmsted County.

Semcac Transportation results in people getting to their medical and dental appointments, senior dining and other locations to meet essential needs; assisting people with no other means of transportation.

- 12,365 rides were provided on Rolling Hills Transit buses in Olmsted County.
- **1,406** rides were provided to **113** people through the Volunteer Driver Program in Olmsted County.

### **Tripartite Board of Directors**

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Tim Tjosaas - Dodge County
Greg Peterson - Dodge County
Larry Hindt - Fillmore County
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Brian Lipford –Attorney Liaison

#### **Contact Us & Stay Informed**

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#### Semcac.org/donate

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#### **2023 Annual Report Video**