

2020 Winona County County Impact Report

FY19 OCTOBER 1, 2018 – SEPTEMBER 30, 2019



Semcac

www.semcac.org | 507.864.7741 | Semcac@semcac.org
PO BOX 549, 204 S. ELM STREET, RUSHFORD, MN 55971

Impact Report for Winona County | 2020

Mission: Empower and advocate for people to enhance their self-sufficiency by maximizing community resources.

Vision: Thriving individuals, families and communities leading a vibrant southeast Minnesota region.

Semcac offers a network of partnerships and comprehensive assistance to help people in rural southeastern Minnesota communities. Semcac is an equal opportunity employer.

Semcac locations in Winona County

- Semcac Clinic and the Winona County Contact Office, is located at 420 E Sarnia Street, Suite 1600, Winona – inside the Hiawatha Valley Mental Health Center building
- Semcac Senior Dining sites are located at 4 different locations in Rollingstone, St. Charles, and 2 sites in Winona
- 2 Semcac Head Start centers - 824 Church Ave, St. Charles & 1756 Kraemer Dr #200, Winona

About Semcac



Semcac was established as a private, non-profit organization in 1966. Originally known as the Southeast Minnesota Citizens Action Council, Inc., the agency's legal name has been Semcac since 1995. Beginning in Winona, Fillmore and Houston counties, Semcac is now the designated Community Action Agency for seven counties—Dodge, Fillmore, Freeborn, Houston, Mower, Steele and Winona—and provides services in five additional counties of Goodhue, Olmsted, Rice, Wabasha and Waseca.

Semcac offers over 25 programs from multiple locations, including the main office in Rushford, Semcac Center in Winona (including the family planning clinic, Semcac Clinic), 7 county offices (Contact Centers), 9 Head Start centers, Transportation Dispatch Center in Kasson and 43 Senior Dining sites and/or kitchens. We currently have a workforce of approximately 230 people.

This reporting period, in July 2019, the agency welcomed a new executive director, Doug Grout. Semcac has been connecting people with resources to ensure that they can achieve their goals of self-reliance and independence for 54 years. We invest private, federal and public dollars back into the communities to strengthen our greatest resource- the people.

Semcac Overall - 2019 Statistics

- Semcac served 23,448 unduplicated individuals (12,410 households) in addition to providing 49,879 rides via public transit, Rolling Hills Transit bussing.
- Semcac has partnerships with 973 organizations, in 2019.
- Every year, volunteers provide services to help others through Semcac. In FY19, volunteers contributed 67,808 hours to the programs and people we serve. Thank you to all of our passionate volunteers!

Impact in Winona County - Helping Greater Minnesota's Rural Communities

Senior Nutrition results in seniors who are empowered to maintain their health and nutritional wellbeing and allows at-risk seniors to remain in their own home.

- 23,241 hot, nutritious meals were served in a congregate setting at Senior Dining to 309 seniors in Winona County.
- 14,212 nutritious meals were delivered by Meals on Wheels volunteers to 106 Winona County seniors in Lewiston, Minnesota City, Rollingstone, St. Charles, Stockton and Utica.

Energy Assistance results in keeping people warm by heating homes during the winter season, thus extending the limited, low household income.

- 1,189 households in Winona County received assistance with their utility payments during the winter season. And, 314 households received additional crisis assistance.

Weatherization results in greener communities, lower energy bills for low-income people and creates new jobs.

- 27 households in Winona County had their homes weatherized and learned more about energy conservation. 12 households received home conservation services funded through the local utility companies' Conservation Improvement Programs administered by Semcac.
- 34 households received energy related repairs, such as furnace replacement/repairs.

Family Planning – Semcac Clinic services result in an increased number of cervical cancer screenings, the prevention & treatment of STI's, a reduced number of unplanned pregnancies, an increase in comprehensive education about sexual health.

- 827 patients residing in Winona County visited Semcac Clinic in Winona.
- Last year, the Clinic's education efforts involved presenting comprehensive, reproductive and sexual health education information at several community events, reaching 534 people.

Outreach and Emergency Services supports people through a crisis and allows them to more effectively utilize their limited income until they reach stability.

- 12 households in Winona County attended budgeting or financial literacy education/counseling.
- 59 individuals received crisis financial assistance for transportation, a medical issue or another immediate basic need in Winona County.
- 11 households were assisted with payments such as rent or mortgage, to prevent homelessness in Winona County.
- Staff provided information & referrals (to other/outside organizations) to 344 households in Winona County. Additionally, our staff provided information & referrals within the agency/Semcac to 3,277 households.

Head Start results in empowered families and young children who are ready for kindergarten. Head Start families receive comprehensive services from Semcac.

- 179 children and their families were educated at the Head Start Centers, in Winona County, during the program year.
- 43 children (age birth – 3 years) and/or pregnant women received Early Head Start services, at their home, in Winona County.

Semcac Transportation results in people getting to their medical and dental appointments, senior dining and other locations to meet essential needs; assisting people with no other means of transportation.

- 8,512 rides were provided on Rolling Hills Transit buses in Winona County.
- 3,044 rides were provided through the Volunteer Driver Program in Winona County to 223 people.

Housing Rehab Loans result in improved living condition for low-income people and the preservation of quality affordable housing.

- 1 home in Winona County was assisted with rehabilitation through the Minnesota Housing Owner Rehab Loan program, administered by Semcac.

Agency Resources

Federal— \$6,705,346

- Department of Energy
- Department of Health & Human Services
- Department of Housing and Urban Development
- Department of Transportation
- Department of Agriculture

State— \$4,684,089

- MNCAG
- Minnesota Housing & Homeless Programs
- State Day Care & Early Childhood Programs
- State Energy Programs
- State Head Start Programs
- State Health Programs
- State Transportation Programs
- Department of Employment and Economic Development



Local, Private and Other Funding— \$3,249,444

- Program participants, reimbursements from insurance providers, utility companies, contracts.
- County government contracts and contributions
- United Way agencies, foundations, corporations or other nonprofit agencies
- Donations from individuals, businesses, churches and civic organizations & in-kind
- Income to offset expenses, miscellaneous and other income



Contact Us, Stay Informed & Get Involved

Douglas P. Grout, Executive Director
Doug.grout@semcac.org | 507-864-8201

General: semcac@semcac.org | 507-864-7741
Text *Semcac* to 22828 to receive our bi-monthly e-newsletter, the *Semcac Sentinel*.
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