Semcac’s Impact in Winona County

Mission: Empower and advocate for people to enhance their self-sufficiency by maximizing community resources.

Vision: Thriving individuals, families and communities leading a vibrant southeast Minnesota region.

Semcac offers a network of partnerships and comprehensive assistance to help people in rural southeastern Minnesota communities. Semcac is an equal opportunity employer.

Semcac locations in Winona County

- Semcac Clinic and the Winona County Contact Office, is located at 420 E Sarnia Street, Suite 1600, Winona – inside the Hiawatha Valley Mental Health Center building
- Semcac Senior Dining sites are located at 4 different locations in Rollingstone, St. Charles, and Winona
- 2 Semcac Head Start centers - 824 Church Ave, St. Charles & 1756 Kraemer Dr #200, Winona

About Semcac

Semcac was established as a private, nonprofit organization in 1966. Originally known as the Southeast Minnesota Citizens Action Council, Inc., the agency’s legal name has been Semcac since 1995. Beginning in Winona, Fillmore and Houston counties, Semcac is now the designated Community Action Agency for seven counties—Dodge, Fillmore, Freeborn, Houston, Mower, Steele and Winona. Additionally, Semcac provides limited services in five additional counties—Goodhue, Olmsted, Rice, Wabasha and Waseca.

Semcac offers over 20 programs from multiple locations, including the main office in Rushford, Semcac Center in Winona (Semcac Clinic), 7 county offices (Contact Centers), 9 Head Start centers, Transportation Dispatch Center in Kasson and 43 Senior Dining sites and/or kitchens. Semcac currently has a workforce of approximately 233 people.

Semcac has been connecting people with resources to ensure that they can achieve their goals of self-reliance and independence for 56 years. The agency invests private, federal and public dollars back into the southeastern Minnesota communities, to strengthen our greatest resource— the people.

Semcac Overall – Fiscal Year 2021 Statistics

- Semcac served 19,283 unduplicated individuals (9,993 households) in addition to providing 47,687 rides via public transit, Rolling Hills Transit bussing.
  - 2,346 clients were assisted via the COVID Housing Assistance Program (CHAP)
- Semcac has partnerships with 946 organizations.
- Every year, volunteers from all of the counties we serve, join Semcac efforts to help people. Last year, 1,559 volunteers contributed 40,742 hours to the programs and people we serve.
Impact in Winona County - Helping Greater Minnesota’s Rural Communities

Senior Nutrition results in seniors who are empowered to maintain their health and nutritional wellbeing and allows at-risk seniors to remain in their own home.

- The congregate meal site, Senior Dining, adapted for COVID19 restrictions and mitigation efforts by switching to delivered meals for seniors due to COVID19. Figures reflected below.

- **33,104** nutritious meals were delivered by Meals on Wheels volunteers & staff to Winona County seniors in Lewiston, Minnesota City, Rollingstone, St. Charles, Stockton, Utica & Winona.

Energy Assistance results in keeping people warm by heating homes during the winter season, thus extending the limited, low household income.

- **1,113** households in Winona County received assistance with their utility payments during the winter season. And, **223** households received additional crisis assistance.

Weatherization results in greener communities, lower energy bills for low-income people and creates new jobs.

- **53** households in Winona County had their homes weatherized and learned more about energy conservation. **33** households received home conservation services funded through the local utility companies’ Conservation Improvement Programs, in Winona County.

- **24** households received energy related repairs, such as furnace replacement.

Family Planning – Semcac Clinic services result in an increased number of cervical cancer screenings, the prevention & treatment of STI’s, a reduced number of unplanned pregnancies, an increase in comprehensive sex health education.

- **522** patients residing in Winona County visited Semcac Clinic in Winona.

- Last year, the Clinic’s education efforts involved presenting comprehensive, reproductive health education information at college campuses & community events, reaching **100** people.

Housing Rehab Loans result in improved living condition for low-income people and the preservation of quality affordable housing.

- **3** homes were assisted with rehabs through the MN Owner Rehab Loan program, in Winona County.

Head Start & Early Head Start result in empowered families and young children who are ready for kindergarten. Head Start families receive comprehensive services from Semcac.

- **125** children and their families were educated at the Head Start Centers, in Winona County, during the program year.

- **24** children (age birth – 3 years) and/or pregnant women received Early Head Start services, at their home, in Winona County.
Outreach and Emergency Services supports people through a crisis and allows them to utilize their limited income until they reach stability.

- **79** individuals received crisis financial assistance for transportation, utilities, a medical issue or another immediate basic need in Winona County.

- **63** households were assisted with payments such as rent or mortgage, or motel vouchers, to prevent homelessness in Winona County. This includes **57** households assisted via the COVID Housing Assistance Program.

- Staff provided information & referrals (to other/outside organizations) to **2,587** households in Winona County. Additionally, our staff provided information & referrals within the agency/Semcac to **1,006** households.

Semcac Transportation results in people getting to their medical and dental appointments, senior dining and other locations to meet essential needs; assisting people with no other means of transportation.

- **6,324** rides were provided on Rolling Hills Transit buses in Winona County.

- **6,129** rides were provided through the Volunteer Driver Program in Winona County to **320** people.

### Agency Resources

**Federal— $9,345,492**

- Department of Energy
- Department of Health & Human Services
- Department of Housing and Urban Development
- Department of Transportation
- Department of Agriculture

**State— $3,219,997**

- MNCAG
- Minnesota Housing & Homeless Programs
- State Day Care & Early Childhood Programs
- State Energy, Head Start, Health & Transportation Programs
- Department of Employment and Economic Development

**Local, Private and Other Funding— $4,017,043**

- Program participants, reimbursements from insurance providers, utility companies, contracts for service
- County government contracts and contributions
- United Way agencies, foundations, corporations or other nonprofit agencies
- Donations from individuals, businesses, churches and civic organizations & in-kind
2021 Annual Report Video, via Animoto

https://video214.com/play/MYJC0FWOyTpikiNTH6Thaw/s/dark

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Contact Us & Stay Informed

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