





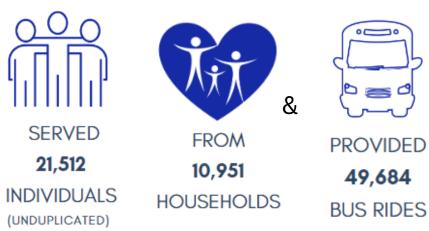
Semcac.org

FISCAL YEAR 2022 RESULTS

About Semcac

Semcac is a nonprofit, 501c3 Community Action Agency designated to serve southeastern Minnesota. Established in 1966, Semcac serves the counties of Dodge, Fillmore, Freeborn, Houston, Mower, Steele & Winona. Limited services are also provided in Olmsted, Goodhue, Rice & Wabasha counties. Semcac provides services to assist low-income &/or at-risk populations & addresses community needs.

Annual Full Agency Results



Thank you volunteers!

44,951 hours donated by 926 volunteers to Semcac.

--MISSION--

Empower & advocate for people to enhance their self-sufficiency by maximizing community resources

LOCATIONS IN WINONA COUNTY

- Semcac Center Clinic & Winona Cty Contact office 420 E. Sarnia St, #1600 Winona, inside HVMHC
- 2 Head Start, Winona 1756 Kraemer Dr #200
- Head Start, St. Charles 824 Church Ave.
- 4 Senior Dining Meal Sites -830 Whitewater Ave, St Charles Senior Center -Valley View Tower & Winhaven Court, Winona

Semcac's Impact in Winona County

Senior Nutrition results in seniors who are empowered to maintain their health and nutritional wellbeing and allows at-risk seniors to remain in their own home.

- **16,466** hot, nutritious meals were served in a congregate setting at Senior Dining to seniors age 60+ & spouses, in Winona County. A Registered Dietitian approves meals.
- 15,136 nutritious meals were delivered by Meals on Wheels volunteers & staff to Winona County seniors in Lewiston, Minnesota City, Rollingstone, St. Charles, Stockton, Utica & Winona.

Energy Assistance results in keeping people warm by heating homes during the winter season, thus extending the limited, low household income.

• **1,204** households in Winona County received assistance with their utility payments during the winter season. And, **374** households received additional crisis assistance.

Weatherization results in greener communities, lower energy bills for low-income people and creates new jobs.

- 22 households in Winona County had their homes weatherized and learned more about energy conservation. 13 households received home conservation services funded through the local utility companies' Conservation Improvement Programs, in Winona County.
- 34 households received energy related repairs, such as furnace replacement.

Family Planning – Semcac Clinic services result in an increased number of cervical cancer screenings, the prevention & treatment of STI's, a reduced number of unplanned pregnancies, an increase in comprehensive sex health education.

- **510** patients residing in Winona County visited Semcac Clinic in Winona. There were 759 STI/STD screenings conducted, by Semcac Clinic, in FY2022. 469 female patients were served via contraception.
- Last year, the Clinic's education efforts involved presenting comprehensive, reproductive health education information at schools & community events, reaching **115** people.
- According to the Guttmacher Institute, in 2022 Semcac Clinic saved taxpayers \$733,970.

Housing Rehab Loans result in improved living condition for low-income people and the preservation of quality affordable housing.

• **3** homes were assisted with rehabs through the MN Owner Rehab Loan program, in Winona County.

Head Start & Early Head Start result in empowered families and young children who are ready for kindergarten. Head Start families receive comprehensive services from Semcac.

- **58** children and their families were educated at the Head Start Centers, in Winona County, during the program year.
- 27 children (age birth 3 years) and/or pregnant women received Early Head Start services, at their home, in Winona County.



Outreach and Emergency Services supports people through a crisis and allows them to utilize their limited income until they reach stability.

- **59** individuals received crisis financial assistance for transportation, utilities, a medical issue or another immediate basic need in Winona County.
- 44 households were assisted with payments such as rent or mortgage, or motel vouchers, to prevent homelessness in Winona County.
- 15 individuals were assisted with Winona Car Repair Program funds to fix their vehicle to get to work, interviews, daycare, medical appointments, etc.
- Staff provided information & referrals to outside community resources for **2,163** households in Winona County.

Semcac Transportation results in people getting to their medical and dental appointments, senior dining and other locations to meet essential needs; assisting people with no other means of transportation.

- **6,496** rides were provided on Rolling Hills Transit buses in Winona County.
- **6,129** rides were provided through the Volunteer Driver Program in Winona County to **320** people.

Tripartite Board of Directors

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Contact Us & Stay Informed

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