

Winona County

FISCAL YEAR 2022 RESULTS



Semcac.org

About Semcac

Semcac is a nonprofit, 501c3 Community Action Agency designated to serve southeastern Minnesota. Established in 1966, Semcac serves the counties of Dodge, Fillmore, Freeborn, Houston, Mower, Steele & Winona. Limited services are also provided in Olmsted, Goodhue, Rice & Wabasha counties. Semcac provides services to assist low-income &/or at-risk populations & addresses community needs.

Annual Full Agency Results



SERVED
21,512

INDIVIDUALS
(UNDUPLICATED)



FROM
10,951

HOUSEHOLDS

&



PROVIDED
49,684
BUS RIDES

Thank you volunteers!

44,951 hours donated by 926 volunteers to Semcac.

--MISSION--

Empower & advocate for people to enhance their self-sufficiency by maximizing community resources

LOCATIONS IN WINONA COUNTY

- 1 Semcac Center - Clinic & Winona Cty Contact office
420 E. Sarnia St, #1600
Winona, inside HVMHC
- 2 Head Start, Winona
1756 Kraemer Dr #200
- 3 Head Start, St. Charles
824 Church Ave.
- 4 Senior Dining - Meal Sites
-830 Whitewater Ave,
St Charles Senior Center
-Valley View Tower &
Winhaven Court, Winona

Semcac's Impact in Winona County

Senior Nutrition results in seniors who are empowered to maintain their health and nutritional wellbeing and allows at-risk seniors to remain in their own home.

- **16,466** hot, nutritious meals were served in a congregate setting at Senior Dining to seniors age 60+ & spouses, in Winona County. A Registered Dietitian approves meals.
- **15,136** nutritious meals were delivered by Meals on Wheels volunteers & staff to Winona County seniors in Lewiston, Minnesota City, Rollingstone, St. Charles, Stockton, Utica & Winona.

Energy Assistance results in keeping people warm by heating homes during the winter season, thus extending the limited, low household income.

- **1,204** households in Winona County received assistance with their utility payments during the winter season. And, **374** households received additional crisis assistance.

Weatherization results in greener communities, lower energy bills for low-income people and creates new jobs.

- **22** households in Winona County had their homes weatherized and learned more about energy conservation. **13** households received home conservation services funded through the local utility companies' Conservation Improvement Programs, in Winona County.
- **34** households received energy related repairs, such as furnace replacement.

Family Planning – Semcac Clinic services result in an increased number of cervical cancer screenings, the prevention & treatment of STI's, a reduced number of unplanned pregnancies, an increase in comprehensive sex health education.

- **510** patients residing in Winona County visited Semcac Clinic in Winona. There were 759 STI/STD screenings conducted, by Semcac Clinic, in FY2022. 469 female patients were served via contraception.
- Last year, the Clinic's education efforts involved presenting comprehensive, reproductive health education information at schools & community events, reaching **115** people.
- According to the Guttmacher Institute, in 2022 Semcac Clinic saved taxpayers \$733,970.

Housing Rehab Loans result in improved living condition for low-income people and the preservation of quality affordable housing.

- **3** homes were assisted with rehabs through the MN Owner Rehab Loan program, in Winona County.

Head Start & Early Head Start result in empowered families and young children who are ready for kindergarten. Head Start families receive comprehensive services from Semcac.

- **58** children and their families were educated at the Head Start Centers, in Winona County, during the program year.
- **27** children (age birth – 3 years) and/or pregnant women received Early Head Start services, at their home, in Winona County.

Outreach and Emergency Services supports people through a crisis and allows them to utilize their limited income until they reach stability.

- **59** individuals received crisis financial assistance for transportation, utilities, a medical issue or another immediate basic need in Winona County.
- **44** households were assisted with payments such as rent or mortgage, or motel vouchers, to prevent homelessness in Winona County.
- 15 individuals were assisted with Winona Car Repair Program funds to fix their vehicle to get to work, interviews, daycare, medical appointments, etc.
- Staff provided information & referrals to outside community resources for **2,163** households in Winona County.

Semcac Transportation results in people getting to their medical and dental appointments, senior dining and other locations to meet essential needs; assisting people with no other means of transportation.

- **6,496** rides were provided on Rolling Hills Transit buses in Winona County.
- **6,129** rides were provided through the Volunteer Driver Program in Winona County to **320** people.

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Contact Us & Stay Informed

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